

# March

## Canal Winchester Senior Citizens, Inc.

Frances Steube Community Center • 22 S. Trine Street • Canal Winchester, OH 43110 • (614) 837-8276

### A letter from you president

Dear Members,

We have made it to March and I'm sure everyone is looking forward to spring. There will be some spring days in March but we will also have some winter ones. But, enjoy them all and keep healthy and happy.

There is much you can enjoy and learn at the center including cards, trips, lunch and computers. Also, especially help those in need. Times are very difficult for some and we can help make their lives a little better.

Thank you for being a member of our group.

Your President,  
Frances Steube

### Senior Citizen Coordinator Message

Dear Members,

As I'm typing this today, February 11, it's a balmy 62 degrees, however, who knows what tomorrow might bring. Hopefully, the snow is over until next winter. I'm all for an early Spring, aren't you?

This month we are adding bimonthly trips to the Lithopolis Library, a beading class, and new "Special Trips" with Penny. Check the newsletter for dates and times

The beading jewelry class is scheduled for March 23. If there is enough interest we can make this a monthly class.

Hopefully, March will come in like a lion and go out like a lamb. I don't like being teased by having just a day or two of nice weather. Remember to change your clocks forward on Saturday, March 6 before your retire for the evening.

Think Spring,  
Donna

### New Activities



#### Computers for Seniors

The "Senior Computers" are ready for use at the center. Please stop in to take advantage of this free service. They are available from 9:00 am to 4:00 pm. You can use the computer to write and receive e-mail from friends and family or to do research on about any topic you can imagine.

To use the computers you need to complete an information form so you can be assigned your own "user name" and "password." There is a one time fee of \$10.00 for a "flash drive" if you wish to save any information from the computer.

Call to arrange a time to come in to use the computer or just for a brief demonstration. Someone will be happy to assist you. **You're never to old to learn!**

#### Lithopolis Library Trip March 2 & 16

The senior transportation bus will begin making 2 trips per month to the Lithopolis Library on the first & third Monday of the month. at 10:00 a.m.

If you need the bus to pick you up at your home, you must call and make an appointment. If you are leaving from the center, please arrive at 10:00 a.m. Pick up for the return trip will be at 11:30 a.m..

#### BEADING CLASS MONDAY, MARCH 23 1-3:00 P.M.

Interested in making a beautiful beaded bracelet? An instructor from "Need 2 Bead" will be at the center on March 23 for a class. "Cost is \$13.50 and includes all the materials to make a bracelet. Sample on display.

### Food Stamps: Are you eligible?

According to the Mid-Ohio Foodbank most people who are eligible for food stamps don't apply to receive them. The food stamp program is not a welfare program. It is a nutrition assistance program. You do not need to be receiving other public assistance to receive this benefit. You no longer receive "stamps." You receive a card that looks like an ATM card. "Food stamps help you eat right when money is tight."

As of October 1, 2008 you may qualify even if you did not qualify in the past. You can qualify if you own your own home or car and if you have a checking and/or savings accounts. The gross monthly income for 1 person can be up to \$1,127.00 and for 2 people it can be up to \$1,517.00. For more information or to prescreen over the phone call Mid-Ohio Foodbank at 614-274-7770.

### Happy March Anniversary to ~

March 1 Bruce & Linda Cottrell  
March 4 James & Anita Hippler



### Sunshine Report by Pat Blythe

*A Sympathy Card* was sent to Emma

Wagner for the loss of her husband, Gene.

Pat is feeling better and has resumed her position as the Sunshine Committee Chairman. If you know of a member who is ill or needs remembered, please call Pat Blythe at 920-4681.

### Happy March Birthday to~

3/2 Betty Grimes  
3/5 Iona Frank  
3/5 Dick Hummel  
3/6 Mildred Harden,  
3/8 Carol Fenice, Barbara  
Thomas  
3/11 Sanita Anderson  
3/12 Tina Gibson, Clarinell Green, Elsie Hagan  
3/13 Joann E Waibel  
3/14 Betty Brooks  
3/15 Frances Bennett  
3/17 Pat Blythe, Lloyd Solt  
3/18 Lynda Citro  
3/22 Peggy Wilkinson  
3/24 Donnis Bayless, Janet Callahan,  
M. Gravenkemper  
3/25 Bernice Cottrill  
3/27 Margaret Morrison  
3/28 Robert Bussey  
3/29 Willard Koebel, Rita Starr



### March Door Prize Winners

**Dianne's Flowers** — Jackie Matney

**Orchids & Ivy Florists** — Dolores Dalton

**Candy**—Jeannie Johnston, Louise Tucker, Evelyn Schiller, Carroll Ardrey

**Medigold Bags**—Leon Hale, Gene Guay

**Hat knitted by Marian Andrews**— Caroline Weiland

**50/50 Winner** — Jean Sharrow

**Congratulations to the winners and thank you to all who donated prizes.**

### March 10 Catered Menu

**Salad**

**Chicken Cordon Blue**

**Mashed Potatoes with Gravy**

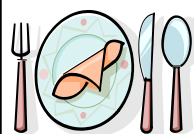
**Vegetable Medley**

**Dessert**

**Cost \$6.00**

**Catered by the C. W. Can Win Volleyball Team**

## Weekly Lunches at the Center



### March Senior Lunches

Lunch is served every Tuesday at 11:30 a.m. at a cost of \$2.00. The exception is the second Tuesday of each month which is the monthly meeting with entertainment. On that day lunch is either a pot-luck or a catered lunch at a cost of \$6.00. Tickets must be purchased by the previous Friday.

The March lunch is a catered lunch and begins at noon. Please bring your own place setting and a dish to share. Entertainment will be Bob Weber who sings and plays a keyboard.

We are able to keep regular Tuesday lunches at the low cost of \$2 thanks to sponsorship donations by area businesses.

This month's sponsor's:

March 3	Winchester Place
March 24	New Age Crimestoppers
March 21	The Inn At Fairfield Village

## AARP TAX ASSISTANCE

Carolyn Sittler will again be at the center to file 2008 tax returns through April 8. Appointments are scheduled on Wednesdays from 9:00 am to 3:30 pm.

**Please call the center at 614-837-8276 to schedule a tax appointment** as soon as possible since appointments fill very quickly. Also, be sure to bring all paperwork necessary to complete your tax return including a copy of your 2007 tax return.

## Lending Library

Did you know that there is a lending library at the Center? In addition to books which may be borrowed on the honor system, there are also several puzzles and games which you are welcome to borrow. Just stop by anytime during office hours.

## Monthly Activities

### Out to Lunch Bunch

**March 20  
11:00 a.m.**

Join fellow members for the monthly "Out to Lunch Bunch" trip to an area restaurant on the 3rd Friday of each month. The March "on your own" lunch trip will be to Billy Crickets in Lancaster. Sign up at the center or give us a call to add your name to the list. The bus leaves at 11:00 a.m.

## B-I-N-G-O

**March 6**

**BINGO is the first Friday of every month.  
Come to the center for an afternoon of  
FUN & PRIZES!  
Refreshments served.**



### Progressive Euchre

**March 13 & 27  
Noon – 3 p.m.**

**Progressive Euchre is the second and fourth Friday of every month from Noon to 3:00 p.m.**

### January 23 Euchre Winners

1<sup>st</sup> Place – Mary Thurn  
2<sup>nd</sup> Place - Lois Hathaway  
Loner – Emily Simon  
Door Prize – Thelma Huston

## AARP DRIVER SAFETY PROGRAM

This AARP Driver Safety Program is designed to help older drivers update their knowledge and skills while preventing traffic accidents and violations and maintaining mobility and independence. There is no driving involved.

**Class is held in 2 four-hour sessions. You must attend both sessions to receive credit** for the course. Some insurance companies allow discounts after completion. Check with your agent.

**Please arrive at 12:15 the first day of class to complete paperwork. Fee is \$12.00 for AARP members (you must bring you membership number) and \$14.00 for non members. Payment is due at registration and checks are payable to AARP.**



## Podiatrist Tuesday, April 7



Dr. Simmons' next visit to the center to clip toenails is Tuesday, April 7 from 9:00 a.m. to noon. Call the podiatrist's office at 614-866-3182 to schedule your appointment.

PLEASE NOTE: Medicare will pay for this service once every 61 days if your yearly deductible has been met. Medigold and other insurances may have a deductible that must be paid by the patient. Please call the podiatry office if you have any questions.

## Massages by Tania Neater, Licensed Massage Therapist March 4 & 18 9 a.m. – 4 p.m.

Does a relaxing massage sound nice? Then call Tania Neater at 740-438-2186 to schedule an appointment! Tania, a licensed massage therapist, offers one hour massages at the center on the first and third Wednesday of every month. The cost for senior citizens is only \$30 per hour which 1/2 the normal charge.

## "Penny Specials"

These trips are made possible through a grant that Penny Miller, C. W. Human Services Administrator, has obtained for the center. Since there is no cost for transportation thus allowing the center to offer inexpensive fun trips.

**All admissions and meals are on your own.** You must sign up in advance and a minimum of 5 people is necessary for a trip. Meet at the center at the designated time or call for a pick up at your home. Due to funding these trips are limited to Canal Winchester Senior Citizens Inc. members who live in either Fairfield or Franklin County. You must be a member of C.W. Senior Citizens, Inc.

## Upcoming Penny Specials

### Friday, March 6 Lunch at Catalfinos ~ Movie Matinee at The Marcus Theater

**Lunch and Movie on Your Own**  
Leave center at 11:30

### Friday, March 13 Shopping at Polaris~ Lunch at Mimi's Lunch on Your Own Leave center at 9:30

### Wednesday, March 25 Fiddler on the Roof Pickerington High School Music & Theatre Dinner & departure time to be announced. Play at 7:00 p.m. *Tickets to play are free!*

## GIVE MY REGARDS TO BROADWAY

### Wednesday, June 10, 2009 "A Chorus Line" @ The Ohio Theater Seating on the Main Floor \$37.50 ~Reservation and Payment due by April 30

Continued...

**Wednesday, July 8, 2009**

**“Mama Mia” @ The Ohio Theater**

Seating on the Main Floor

**\$37.50 ~Reservation and Payment due by April 30**

Dinner & departure time to be announced

## TRIP INFORMATION

The following trips are offered in partnership with Groveport and Pickerington Senior centers. Most trips are open to anyone. Stop in or call the Community Center to register for a trip or for more information. If you would like to travel but don't have a partner, please let the Community Center office know and we might be able to pair you up with a travel partner.

## UPCOMING TRIPS

**La Comedia Dinner Theatre's**

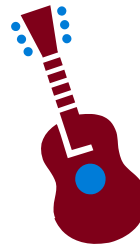
***Camelot***

**Wednesday, April 15**



This timeless tale of chivalry and romance comes to life with the spectacular costumes and sets that create the perfect atmosphere for King Arthur's kingdom of "Camelot." Relax and enjoy this beautiful musical adaptation of King Arthur, Queen Guenevere, the knights of the Round Table and Sir Lancelot.

The cost is **\$57.00** per person and includes motorcoach transportation, the delicious lunch buffet and the show. **Payment is due by March 10. Please make checks payable to Pickerington Senior Center.**



**“Entertainment  
Capital  
of the East Coast”**

**May 3-9, 2009**

**Myrtle Beach, South Carolina** is very quickly becoming the “Branson of the East.” This 7 day, 6 night relaxing motor coach trip includes overnight motel stops enroute to and returning from Myrtle Beach.

While in Myrtle Beach enjoy fabulous performances at ***The Carolina Opry***, South Carolina's #1 Theater for 23 years, and the ever popular ***Alabama Theater***.

Also, included are 6 breakfasts, 6 dinners, 4 nights lodging in Myrtle Beach, a guided tour of the historic area of Charleston, and shopping trips to the unique shopping areas of Barefoot Landing and Broadway at the Beach. As always with White Star Tours all luggage handling, tips and taxes are covered. You will also receive a souvenir gift.

Cost is only \$659.00 per person for double occupancy with a \$200.00 deposit due at booking and the balance due before April 1. **TRIP IS FILLING QUICKLY. SIGN UP TODAY!**

**Cancellation Insurance available upon request.**





## COPPER CANYON ADVENTURE OCT 10-18, 2009 COLOR BROCHURES AVAILABLE

Collette Vacations offers this 9 day adventure to beautiful Copper Canyon in Mexico. Be sure to attend the February 25 presentation at the Pickerington Senior Center at 1:00 p.m.

This trip includes round trip airfare, an awe inspiring train ride and so much more. After landing in Phoenix, AZ for a special welcome dinner and a **night in Tucson**, it's across the Mexican border and the beautiful Sonora Desert to the **Sea of Cortez for a 2 day stay overlooking the beautiful San Carlos Marina.**

**Day 3** you will spend in the beautiful colonial city of El Fuerte, a colorful settlement founded by the Spaniards in 1564.

**Day 4** you will travel aboard the **Chihuahua-Pacifico Railroad through Copper Canyon** for a spectacular and exciting train journey that will take you from sea level to almost 8,000 feet above sea level via numerous tunnels and over countless bridges in this unspoiled countryside.

Upon arrival at your hotel you will enjoy the stunning views from your hotel, which rests on the rim of the canyon before traveling to the Mennonite Museum near Cuahatemoc for lunch. Then, you continue to Chihuahua where you will visit an orphanage supported by the Colette foundation.

**Cost is \$2,149.00 per person double occupancy. Trip cancellation insurance is \$140.00 per person. Make your deposit of \$100.00 early for this exciting trip.**

**Call or stop by for a color brochure with the complete itinerary for this trip.**



### An Irish Story

A man stumbles up to the only other patron in a bar and asks if he could buy him a drink.

"Why of course," comes the reply.

The first man then asks: "Where are you from?"

"I'm from Ireland," replies the second man.

The first man responds: "You don't say, I'm from Ireland too! Let's have another round to Ireland."

"Of course," replies the second man.

Curious, the first man then asks: "Where in Ireland are you from?"

"Dublin," comes the reply.

"I can't believe it," says the first man. "I'm from Dublin too! Let's have another drink to Dublin."

"Of course," replies the second man.

Curiosity again strikes and the first man asks: "What school did you go to?"

"Saint Mary's," replies the second man. "I graduated in '62."

"This is unbelievable!" the first man says. "I went to Saint Mary's and I graduated in '62, too!"

About that time in comes one of the regulars and sits down at the bar. "What's been going on?" he asks the bartender.

"Nothing much," replies the bartender. "The O'Malley twins are drunk again."



*Happy St. Patrick's Day*

# March

## Canal Winchester Senior Citizens, Inc.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 9:00 Quilting 10:00 Senior Board 6:00 pm Boy Scouts	3 9:30 Crafts 11:30 Lunch & Cards Sponsor: Winchester Place 5:30 pm CWHS Exec. Meeting 6:30- 8:30 pm Rented	4 9:30 Volleyball Practice 1-4 p.m. Massages 7:30 pm	5 1-3 p.m. Medigold Presentation	6 12:00 - 3:00 BINGO Rented 7-11pm	7  Turn your clocks ahead before bedtime!
8  Day Light Savings Time Begins!	9 9:00 Quilting 6:00 pm Boy Scouts	10 Noon — Catered Lunch Meeting & Cards 7:30 p.m. CW Garden Club	11 9:30 Volleyball Practice 6 pm Lion's Club	12 1-3 p.m. Aetna Insurance Presentation	13 12:00 - 3:00 Progressive Euchre	14 Rented 2-4:00 pm
15 Rented 2-4:00 pm	16 9:00 Quilting 6:00 pm Boy Scouts	17 9:30 Crafts 11:30 Lunch & Cards  St. Patrick's Day	18 9:30 Volleyball Practice 1-4 p.m. Massages	19 10:00 Chorale Practice 6-8 Relay for Life Meeting	20 11:00 Bus leaves for "Out to Lunch Bunch" First Day of Spring! 	21 Rented 2-4:00 pm
22	23 9:00 Quilting 1-3:00 Beading Class 6:00 pm Boy Scouts	24 9:30 Crafts 11:30 Lunch & Cards Sponsor— New Age Crimestoppers	25 9:30 Volleyball Practice 6 pm Lion's Club	26 10:00 Chorale Practice Rented 6:30—8:30 pm	27 12:00 - 3:00 Progressive Euchre	28 Rented 8 am-3 pm
29 Rented 1-4:00 pm	30 9:00 Quilting 6:00 pm Boy Scouts	31 9:30 Crafts 11:30 Lunch & Cards Sponsor- The Inn at Fairfield Village				

Canal Winchester Senior Citizens, Inc.  
22 S. Trine Street  
Canal Winchester, OH 43110  
614-837-8276

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**March Newsletter**

**Dated material. Please deliver promptly**



**Remember to set your clocks ahead 1 hour at bedtime on Saturday, March 7 or you'll be late for church on Sunday, March 8!**

**Frances Steube Community  
Center Staff:**

*Carrie Hoover, Community Affairs Director*  
*Donna Warren, Senior Citizen Coordinator*  
*Linda Tennison, Receptionist*  
*Lou Snyder, Senior Transportation Driver*  
*Larry Dowler, Senior Transportation Driver*  
*Penny Miller, C.W. Human Services*

**FREE SENIOR RANSPORTATION**

**Free transportation is available Monday—Friday from 8:30 a.m. to 3:30 p.m. to Canal Winchester School District Residents age 60 or over. Call the Center at 837-8276 for all the details.**